

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use free *range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



CATERING WITH THE RIGHT INGREDIENTS



Autumn/ Winter 2024/2025

At:

Vine tree Primary

Oct-24					Nov-24					Dec-24				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
7	8	9	10	11	4	5	6	7	8	2	3	4	5	6
14	15	16	17	8	11	12	13	14	15	9	10	11	12	13
21	22	23	24	25	18	19	20	21	22	16	17	18	19	20
					25	26	27	28	28					
Jan-25					Feb-25					Mar-25				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
6	7	8	9	10	3	4	5	6	7	3	4	5	6	7
13	14	15	16	17	10	11	12	13	14	10	11	12	13	14
20	21	22	23	24	24	25	26	27	28	17	18	19	20	21
27	28	29	30	31						24	25	26	27	28
										31				



Autumn/ Winter Menu 2024-25

Week 1

Week 2



MONDAY

Vegetarian Sausage Roll, Creamed potatoes, Veg Gravy.	Pasta Italiane (v)	Cheese Sandwich & Veg Sticks	Flap Jack Finger & fruit Chunk or Yoghurt
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MONDAY

Homemade Cheese & Tomato Pizza & Sauté Potatoes (V)	Jacket Potato with a Choice of Filling/s (v)	Melting Moment or Yoghurt
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TUESDAY

Spaghetti Bolognaise & Homemade Garlic Bread	Jacket potatoes. with a choice of filling/s (v)	Ham Sandwich & Veg Sticks	Shortbread finger & fruit Chunk or Fresh Fruit
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TUESDAY

Home Beef Cottage Pie and Vegetables	Cheesy Pasta (v)	Ham Sandwich & Veg Sticks	Chocolate Penny or Fresh Fruit
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WEDNESDAY

All Day Breakfast	Vegetarian all day Breakfast (v)	Ice Cream & Fruit Coulis or Fresh Fruit
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WEDNESDAY

Sausage, Creamed Potatoes Vegetables & Gravy	Plant Friendly Sausage, Creamed Potatoes, Veg & Gravy (v)	Tuna Sandwich & Veg Sticks	Orange Cookie or Fresh Fruit
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THURSDAY

Chicken Korma Rice & Cous-Cous	Vegetable Ravioli with a Homemade Tomato Sauce.	Tuna Sandwich & Veg Sticks	Berry Bun or Fresh Fruit
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THURSDAY

Chicken casserole & Crusty Bread	Jacket Potatoes With a choice of Filling/s (v)	Cheese Sandwich & veg sticks	Dorset Apple Cake or Fresh Fruit
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FRIDAY

Fish Fingers/ Salmon Fish Finger & chips, peas or Baked Beans	Cheese Toastie (v) & Baked Beans	Chocolate Surprise Brownie
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FRIDAY

Fish Stars Chips, Peas or Baked Beans	Homemade Omelette, Chips, Peas or Baked Beans	Chocolate Crunch Finger & Fruit Chunk
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